

Open with silence

Introductions: Tell us a little about yourself (where live, who lives there?
where work, time at A.S., interests, hobbies)
What experience have you had in small groups in the past?

Purpose:

Get to know each other at more than a superficial level
Form a short-term community of love and support
(MI will be present for 1st year only if decide to continue)
Reflect on and share our spiritual journeys with one another
Why? help us live more intentionally; more aware of God's presence &
action in our lives

Distribute list of names & phone numbers; proposed schedule

Suggested questions for getting started

People sign up to be presenter

Covenant: What do you ask of yourself, want from others in a small group?

Attendance a top priority - notify if can't come

Punctuality - start on time

Confidentiality - don't share what is said here, except w/ explicit
permission - not even w/ spouse, close friend
OK to discuss what we do, your reaction

Availability - be as fully present as possible - listen - a great gift

No advice giving - people not asking us to "fix it" - just want to be heard
if busy planning your response, you stop listening

Openness - willingness to share who I am - to take a risk in revealing
self

Acceptance - the group accepts you as you are, regardless of your theology, or lack
thereof, your politics, etc.

Honesty

Sensitivity

Accountability - use my gifts to help group function well

Prayer

"I covenant to ... leader start

Listen - may wish to note a comment you wish to make

Affirm - may wish to relate briefly something in your life that relates

Let person know he/she was heard

Questions - presenter may wish to pass

Leader present spiritual journey

Silence

Discussion

Closing prayer - offer a word or phrase of thanksgiving for something that is important to you right now;
silence fine; we can all pray in the silence

offer an intercession/petition - a request to God.

Close with AMEN.

Spiritual Journey Group #2; 1997-98
All Saints', Palo Alto

group names and phone numbers

Notes about sharing your spiritual journey:

This is not just a chronology of your life, but a recollection of the key events and people who have most influenced your thinking and values.

It should be as personal as you feel comfortable revealing.

You can arrange your narrative in any order you wish - by theme, chronology, etc.

You may use art, props, etc. to help tell your story.

Questions to consider:

What have I experienced so far on the journey, and who have been the key people that have influenced my values and my thinking?

Where am I (or am I not) in my spiritual journey?

What am I looking for on my journey?

Where do I think God is touching my life right now (or where do I wish God would touch my life right now)?

My month for sharing is: _____

Spiritual Journey Group #2; 1997-98
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September 15

Clayton Crawley

October 20

November 17

January 19

February 16

March 16

April 20

May 18

June 22

July 20
